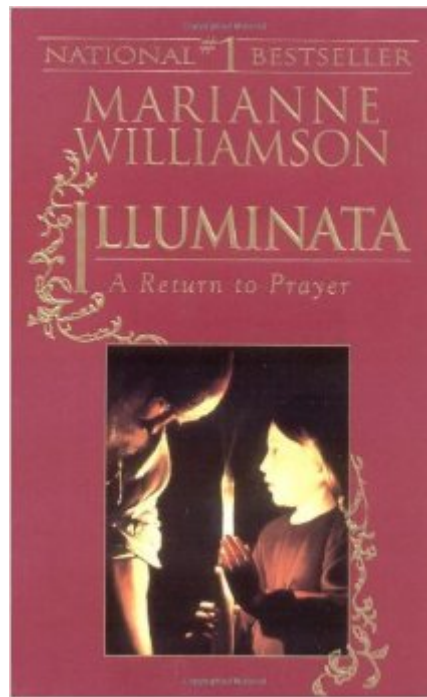


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Illuminata: A Return To Prayer



Synopsis

Marianne Williamson's bestselling *A Return to Love* ended with a prayer in which she asked God to help us "find our way home, from the pain to peace, from fear to love, from hell to Heaven." Now, in this stunning new collection of thoughts, prayers, and rites of passage, Marianne Williamson returns to prayer. Prayer is practical, Williamson tells us. "To look to God is to look to the realm of consciousness that can deliver us from the pain of living." *Illuminata* brings prayer into our daily lives, with prayers on topics from releasing anger to finding forgiveness, from finding great love to achieving intimacy. There are prayers for couples, for parents, and for children; prayers to mend broken relationships and prayers to overcome obsessive and compulsive love. There are prayers to heal the soul, prayers to heal the body, and prayers for work and creativity. Williamson also gives us prayers for the healing of America, including two prayers that have had powerful effects on audiences at her lectures: a prayer of amends on behalf of European Americans to African-Americans and one to Native Americans. How, Williamson asks, can we expect anyone to forgive when we have made no formal apology? Another section includes rites of passage, ceremonies of light for the signal events in our lives: blessing of the newborn, coming of age, marriage, and death. There is also a ceremony of the elder, for moving into midlife, and a ceremony of divorce, in which a gentle transition is provided for both the couple and their children. "Read my prayers or someone else's," Williamson says. "By all means, create your own." *Illuminata* is a way to bring prayer into practical use, creating a sweeter, more abundant life for yourself and the people you care for. "No conventional therapy," she says, "can release us from a deep and abiding psychic pain. Through prayer we find what we cannot find elsewhere: a peace that is not of this world."

Book Information

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Customer Reviews

Several years ago while watching Oprah I discovered this amazing book. I bought the book and now have it safely by my bedside. I pick it up on a daily basis and read..something..I cannot believe how much this book has helped me in my daily life. I have also bought the book and given it to several of my friends as gifts because it truly has something for everybody in it. I have also read all the rest of Marianne's books which are also very good but this one is just too good for words. I have Fibromylgia and live in constant pain each and every day but this book always lets me know that there is hope. All I can say it Thank You Marianne and please keep writing and if you ever come to the state of Washington I would love to hear you speak.

The prayers in this book are amazing. Ms. Williamson's words are placed in such a way that the prayers are so genuine, innocent and sincere. Truly they flow together. I'm not overtly religious, but this book is truly for everyone.

The Illuminata brings prayer into our daily lives by engaging such topics as anger, forgiveness, relationships, and intimacy. It is mixed with insight and little prayer that lift and guide you to a point of insight or illumination. Unique is the concept of "rites of passage". Our modern society has lost the acknowledgment of birth, puberty, adulthood, marriage, death, and even divorce. This book deals with each of these passages in a way that heals and bonds us to those around us. It is a book for the next decade. It is a book to bring us back to ourselves

This wonderful book by Marianne Williamson, is full of prayers for every occasion you can think of. Besides these wonderful prayers, there's some uplifting, intelligent, and spiritual thoughts added by Ms. Williamson that add to the theme of the book.If you're soul searching, if you're looking for that spiritual path, and if you enjoy the voice of Marianne Williamson, this is a book for you.

This is one of the very best prayer books that I have found in bookstores today. Marianne has written prayers for almost every life situation...from birth, death, marriage, divorce, end of relationship, a new job, etc. There are very few situations of change in my life that aren't addressed by one of her beautiful and moving verses. I highly recommend this book for anyone who is looking for a more "spiritual" and less "religious" prayer book.

I was truly moved by Marianne Williamson's words. Her call to connect with our own hearts to pray, and to bring forth love in order to save humanity from destroying ourselves moved me, and I am sure will move you. We are at a critical point, where many realize that we cannot fight external forces to bring peace to humanity, we have to BE the force by bringing forth love and truth from within our own selves. No matter what your religion, spiritual preference, ideology, or beliefs, connect in whatever way you feel most comfortable, in whatever way you choose, to bring yourself the indwelling peace you wish to see in others. It is only by doing that that we will see peace on Earth. The prayers in this book are truly beautiful, and as Marianne says "create your own" if you want to. I highly recommend this book for the positive, heartfelt and beautiful influence it will have in your life. Barbara Rose, Ph.D. author of Know Yourself: A Woman's Guide to Wholeness, Radiance & Supreme Confidence and Stop Being the String Along: A Relationship Guide to Being THE ONE

This book has helped me to develop a closer relationship to my God. It gave me a dialogue to use as a foundation to my prayer work. When I practice these meditations I feel a calm serenity and often a healing. I recommend this book to anyone who is seeking a more gratifying life with their Higher Power.

I love the wording of the prayers. I feel that the book hits very deep and close to home. Williamson wrote several ceremonies in the book, and I used her wedding ceremony, and felt it fit exactly what I was trying to say to my husband. I feel her book helped me to see the light inside myself, making Illuminata to be a very prophetic title.

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